The easiest way to get care in 2023

Did you know that talking to a doctor can be even EASIER with the free First Stop Health mobile app?

- Request a visit in a few clicks
- View your past visits and doctor notes
- Update your profile and add family members
- Get answers to FAQs

Get the app!

1. Download the First Stop Health mobile app

2. Log into your account using your Excellus ID as your "Employee ID""

3. Explore the features or request a visit!

App Store   Google Play

COASEHP provides First Stop Health to employees enrolled in the medical plan and their covered dependents for FREE.